



To join as an **INDIVIDUAL**, go to page 4

To **CREATE A TEAM**, go to page 6

To **ACCESS YOUR EXISTING HIKE**, go to page 13

Join an existing team


- Click the  button or type: <https://www.canadahelps.org/en/charities/palliative-manitoba/p2p/2026HIKE/> into your browser.
- Scroll down and click **JOIN A TEAM**



The screenshot shows the top of the Hike for Hospice website. At the top left, it says "Powered by CanadaHelps.org". On the right, there are links for "Français" and "Have an account? Sign in". The main header features the "Hike for Hospice" logo, which includes a hiker icon in a circle and a plant icon in a circle. Below the header is a green banner that reads "Proudly supported by the Canadian Hospice Palliative Care Association". The main content area has a heading "2022 Hike for Hospice" and a sub-heading "Raising funds for Palliative Manitoba". To the right of this is a blue "Donate Now" button. Below the heading is a progress bar showing "\$200.00 raised of \$15,000.00". The progress bar has markers at \$0, \$7,500, and \$15,000. To the right of the progress bar, it says "2 months REMAINING" and "Campaign Ends May 15, 2022". Below the progress bar are social media sharing icons for Facebook, Twitter, LinkedIn, Email, and Print. At the bottom, there are three buttons: "Join a Team" (highlighted with a red border), "Create a Team", and "Join as an Individual".


- Select the team you wish to join.

About Campaign **Teams (2)** Participants (5)



Team Emery
\$150.00

[Join this Team](#)
[Go to page >](#)



Manitoba End of Life Doulas
\$50.00

[Join this Team](#)
[Go to page >](#)

- If you already have a CanadaHelps.org account [Sign In](#) and CanadaHelps will fill in the fields with your account information. Otherwise, follow the directions and complete the requested [Fields](#).

Powered by CanadaHelps.org [Français](#) [Have an account? Sign in](#)

Join Team Emery

It's easy! Follow the simple steps. In minutes, you'll be ready to get started making a real difference.

EMAIL*

ACCOUNT TYPE

SCROLL DOWN

- Read and sign off on the **Liability Waiver** and **Media Release** and select names for your **Personal Page** then click **Continue**.

LIABILITY WAIVER

I hereby agree to indemnify and hold Palliative Manitoba harmless from any and all liability (personal, physical and/or financial) related to the participation in a Hike for Hospice awareness and fundraising event to be held in the city of Winnipeg in the province of Manitoba. This event is scheduled to take place from Monday, May 9 to Sunday, May 15, 2022, with a Wrap-Up Celebration at Shaw Park on Sunday May 15, 2022.

I Agree

MEDIA RELEASE

I so hereby consent and agree that Palliative Manitoba has the right to use any photographs or digital recordings I share online for the 2022 Hike for Hospice, to be held between May 9 and May 15, 2022. I further consent that my name and identity may be revealed therein or by descriptive text or commentary. I do hereby release Palliative Manitoba to exhibit this work in print or electronic form publicly or privately and to distribute copies for all promotional and advertising purposes. I waive any rights, claims, or interest I may have to control the use of my identity or likeness in whatever media used. I understand that there will be no financial or other remuneration for recording or photographing me, or for distributing

I Agree

YOUR PERSONAL FUNDRAISING PAGE NAME*

Create a page name


Yes, I'd like to receive email communications from Palliative Manitoba. I understand I can withdraw my consent at anytime. For more details, please [contact us using the following information.](#)

Continue


If you're creating a new account, you will be asked to select a password and prompted to create an account, then you will be able to complete your registration. Please keep your password safe – Hike administrators do not have access to your passwords.

CONTINUE ON PAGE 8



Joining as an Individual

- Click the  button or type: <https://www.canadahelps.org/en/charities/palliative-manitoba/p2p/2026HIKE/page/sign-up/#> into your browser.
- If you already have a CanadaHelps.org account **Sign In** and CanadaHelps will fill in the fields with your account information. Otherwise, follow the directions and complete the requested **Fields**.

Powered by CanadaHelps.org Français Have an account? Sign in



Hike for Hospice



Proudly supported by the Canadian Hospice Palliative Care Association

Join 2022 Hike for Hospice

It's easy! Follow the simple steps. In minutes, you'll be ready to get started making a real difference.

EMAIL*

ACCOUNT TYPE

COMPANY NAME

FIRST NAME* **LAST NAME***

SCROLL DOWN

- Read and sign off on the **Liability Waiver** and **Media Release** and select names for your **Personal Page** then click **Continue**.

LIABILITY WAIVER

I hereby agree to indemnify and hold Palliative Manitoba harmless from any and all liability (personal, physical and/or financial) related to the participation in a Hike for Hospice awareness and fundraising event to be held in the city of Winnipeg in the province of Manitoba. This event is scheduled to take place from Monday, May 9 to Sunday, May 15, 2022, with a Wrap-Up Celebration at Shaw Park on Sunday May 15, 2022.

I Agree

MEDIA RELEASE

I so hereby consent and agree that Palliative Manitoba has the right to use any photographs or digital recordings I share online for the 2022 Hike for Hospice, to be held between May 9 and May 15, 2022. I further consent that my name and identity may be revealed therein or by descriptive text or commentary. I do hereby release Palliative Manitoba to exhibit this work in print or electronic form publicly or privately and to distribute copies for all promotional and advertising purposes. I waive any rights, claims, or interest I may have to control the use of my identity or likeness in whatever media used. I understand that there will be no financial or other remuneration for recording or photographing me, or for distributing

I Agree

YOUR PERSONAL FUNDRAISING PAGE NAME*

Create a page name


Yes, I'd like to receive email communications from Palliative Manitoba. I understand I can withdraw my consent at anytime. For more details, please [contact us using the following information.](#)

Continue


If you're creating a new account, you will be asked to select a password and prompted to create an account, then you will be able to complete your registration. Please keep your password safe – Hike administrators do not have access to your passwords.

CONTINUE ON PAGE 8



Create a Team

- Click the  button or type: <https://www.canadahelps.org/en/charities/palliative-manitoba/p2p/2026HIKE/team/captain/sign-up/#> into your browser and follow the instructions.
- If you already have a CanadaHelps.org account **Sign In** and CanadaHelps will fill in the fields with your account information. Otherwise, follow the directions and complete the requested **Fields**.

Powered by CanadaHelps.org Français Have an account? Sign in



Hike for Hospice



Proudly supported by the Canadian Hospice Palliative Care Association

Create a team for 2022 Hike for Hospice

It's easy! Follow the simple steps. In minutes, you'll be ready to get started making a real difference.

EMAIL*

ACCOUNT TYPE

SCROLL DOWN

- Read and sign off on the **Liability Waiver** and **Media Release** and select names for your **Personal Page** and **Team** then click **Continue**.

LIABILITY WAIVER

I hereby agree to indemnify and hold Palliative Manitoba harmless from any and all liability (personal, physical and/or financial) related to the participation in a Hike for Hospice awareness and fundraising event to be held in the city of Winnipeg in the province of Manitoba. This event is scheduled to take place from Monday, May 9 to Sunday, May 15, 2022, with a Wrap-Up Celebration at Shaw Park on Sunday May 15, 2022.

I Agree

MEDIA RELEASE

I so hereby consent and agree that Palliative Manitoba has the right to use any photographs or digital recordings I share online for the 2022 Hike for Hospice, to be held between May 9 and May 15, 2022. I further consent that my name and identity may be revealed therein or by descriptive text or commentary. I do hereby release Palliative Manitoba to exhibit this work in print or electronic form publicly or privately and to distribute copies for all promotional and advertising purposes. I waive any rights, claims, or interest I may have to control the use of my identity or likeness in whatever media used. I understand that there will be no financial or other remuneration for recording or photographing me, or for distributing

I Agree

YOUR PERSONAL FUNDRAISING PAGE NAME*

YOUR TEAM'S NAME*

Yes, I'd like to receive email communications from Palliative Manitoba. I understand I can withdraw my consent at anytime. For more details, please [contact us using the following information.](#)

Continue

If you're creating a new account, you will be asked to select a password and prompted to create an account, then you will be able to complete your registration. Please keep your password safe – Hike administrators do not have access to your passwords.

Welcome to this year's Hike for Hospice!

From the Welcome tab you can:

- **Copy** your personal short link to put into any communications
- Automatically connect with your **Network** using the links to the most popular platforms.
- **Tips & Tools** provide additional materials to help you connect with your family, friends and coworkers to maximize your fundraising efforts.

Powered by CanadaHelps.org Français Lindsay Felstead ▾

[View My Page](#)

Manage my page: Emery's Hike 2022

In support of 2022 Hike for Hospice on behalf of Palliative Manitoba

[Welcome](#) [Details](#) [Images & Videos](#) [Donations](#)

Your Page Address

Include your page address in all your fundraising efforts so people can easily donate to your fundraiser, learn more about the campaign, or join as a participant. Use the short address to simplify the appearance of your message.

SHORT URL

[Copy](#)

Your short address will automatically redirect to your full address. [Copy full URL](#)

Share Across Your Network

Share your page and your fundraising progress often using the social media and email sharing features on your published page. Start spreading the word now using the buttons below:

[Email](#) [Facebook](#) [Twitter](#) [Google Plus](#) [Pinterest](#)

Tips & Tools

Reference the files below to help you with your fundraising efforts.

- [2022 Hike Single Pledge Form](#) [↓](#)
- [2022 Hike Multi-Pledge Card](#) [↓](#)
- [Sample Emails - Captain](#) [↓](#)
- [Sample Emails - Hiker](#) [↓](#)

Go to Details and personalize your page

Manage my page: Emery's Hike 2022

In support of 2022 Hike for Hospice on behalf of Palliative Manitoba

Welcome **Details** Images & Videos Donations

PAGE NAME*
A great personal fundraising page name can help your campaign catch attention, and more importantly, connect and inspire people to give.

Emery's Hike 2022

GOAL AMOUNT
Setting a goal will help you raise funds! Your goal will inspire visitors to your page to give.

\$ 500.00

NAME OF PAGE OWNER
In emails, we refer to the page owner. Enter your name if you are fundraising as an individual. Otherwise, enter the name of the group or organization.

Lindsay Felstead

Display a list of supporters to my campaign on my page. Please note, all supporters can choose what information (if any) will appear in this list.

Send me an email each time someone makes a donation to my fundraiser.

FUNDRAISING STORY
Inspire your friends, family and co-workers to support the cause through your fundraising story. The better they connect with your story, the more likely they will make a donation. Be sure to not just tell them what the cause is, but why the cause is important to you.

← → Formats **B** *I* U

I am excited to be participating in this year's Hike for Hospice! Hike for Hospice is a national awareness and fundraising event which supports local and community organizations. The exceptional thing about this fundraiser is that 100% of all funds raised in the event stay in our local community. Please help support me in raising funds for hospice palliative care in our community. Donating is easy and it will only take you a few minutes! Thank you for your support!

524 characters remaining (includes hidden HTML)

Cancel View **Save**

On the Details page you can:

- Set your goal amount **orange box**
- Choose to display the names of your supporters **purple box**
- Choose to receive an email each time a donation is made to your Hike **blue box**
- Personalize your fundraising story **green box**
- If your Page Name does not include your name, add **Name of Page Owner** so supporters know it's you!

*****IMPORTANT*****

Be sure to SAVE after any changes to your page or you'll lose your work!



Change your photo so your supporters know it's you in Images & Videos

Remove the old image and **Upload** your own from your computer

The screenshot shows two overlapping browser windows. The top window is titled "Manage my page: Emery's Hike 2022" and is in the "Images & Videos" tab. It features a "FEATURED IMAGE" section with a "Remove" button. The bottom window is also titled "Manage my page: Emery's Hike 2022" and is in the "Images & Videos" tab. It shows a "FEATURED IMAGE" section with a "Upload an Image" button. A "File Upload" dialog box is open over the bottom window, showing a file named "Emery 2" selected in a list of files. The "Open" button is highlighted.

Name	Status	Date	Type	Size
2022HFH Poster 2	✓	10/03/2022 12:06	Adobe Acrobat D...	
2022HFH Poster	✓	02/03/2022 12:26	Microsoft Word D...	
2022HFH Poster	✓	28/02/2022 12:22	Adobe Acrobat D...	
2022HFH Team Page	✓	23/02/2022 10:10	PNG File	
Button-Donate	✓	02/03/2022 09:29	PNG File	
Button-Individual	✓	02/03/2022 09:30	PNG File	
Button-Team	✓	02/03/2022 09:28	PNG File	
Emery 2	✓	07/03/2022 15:58	PNG File	

The screenshot shows the "Manage my page: Emery's Hike 2022" interface in the "Images & Videos" tab. The "FEATURED IMAGE" section is active, displaying a cartoon illustration of a grey elephant wearing a green t-shirt with a blue logo. Below the image is a "Remove" button.

The Donations tab shows you all your supporters and makes it easy to **Send a Message!**

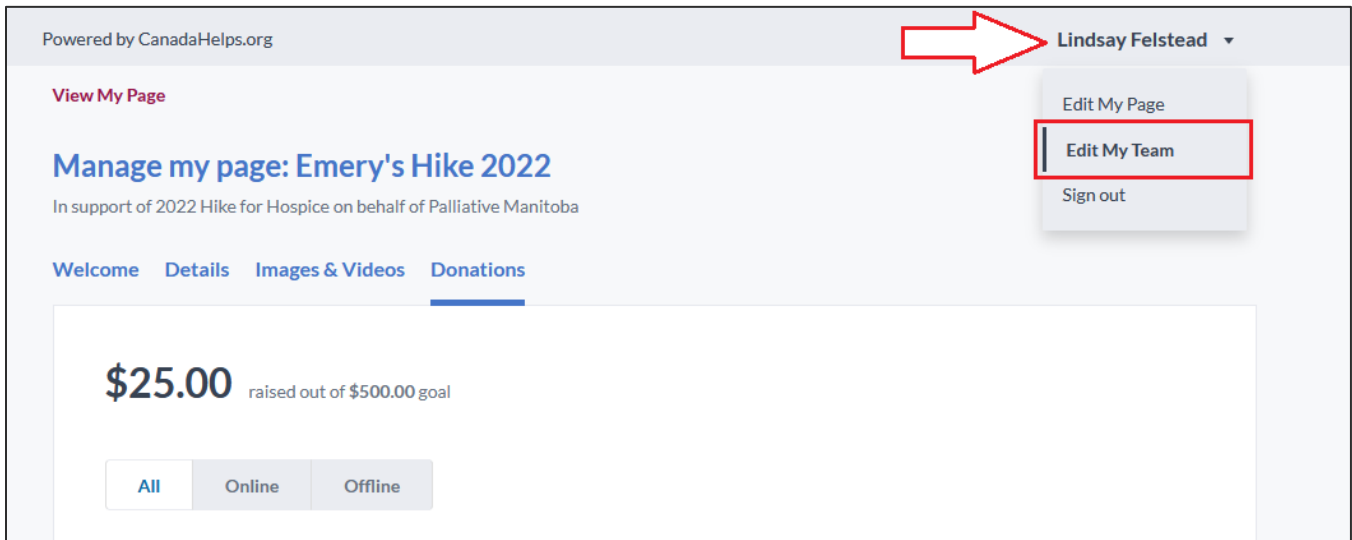
You can choose to send to **select donors**, or all of them at once!

The screenshot shows a web interface for managing a donation page. At the top, it says "Powered by CanadaHelps.org" and "Français Lindsay Felstead". The main heading is "Manage my page: Emery's Hike 2022" with a sub-heading "In support of 2022 Hike for Hospice on behalf of Palliative Manitoba". There are navigation tabs: "Welcome", "Details", "Images & Videos", and "Donations" (highlighted with a red box). Below the tabs, it shows "\$25.00 raised out of \$500.00 goal" and filters for "All", "Online", and "Offline". A "Send Message" button is highlighted with a red box. Below this is a table of donors:

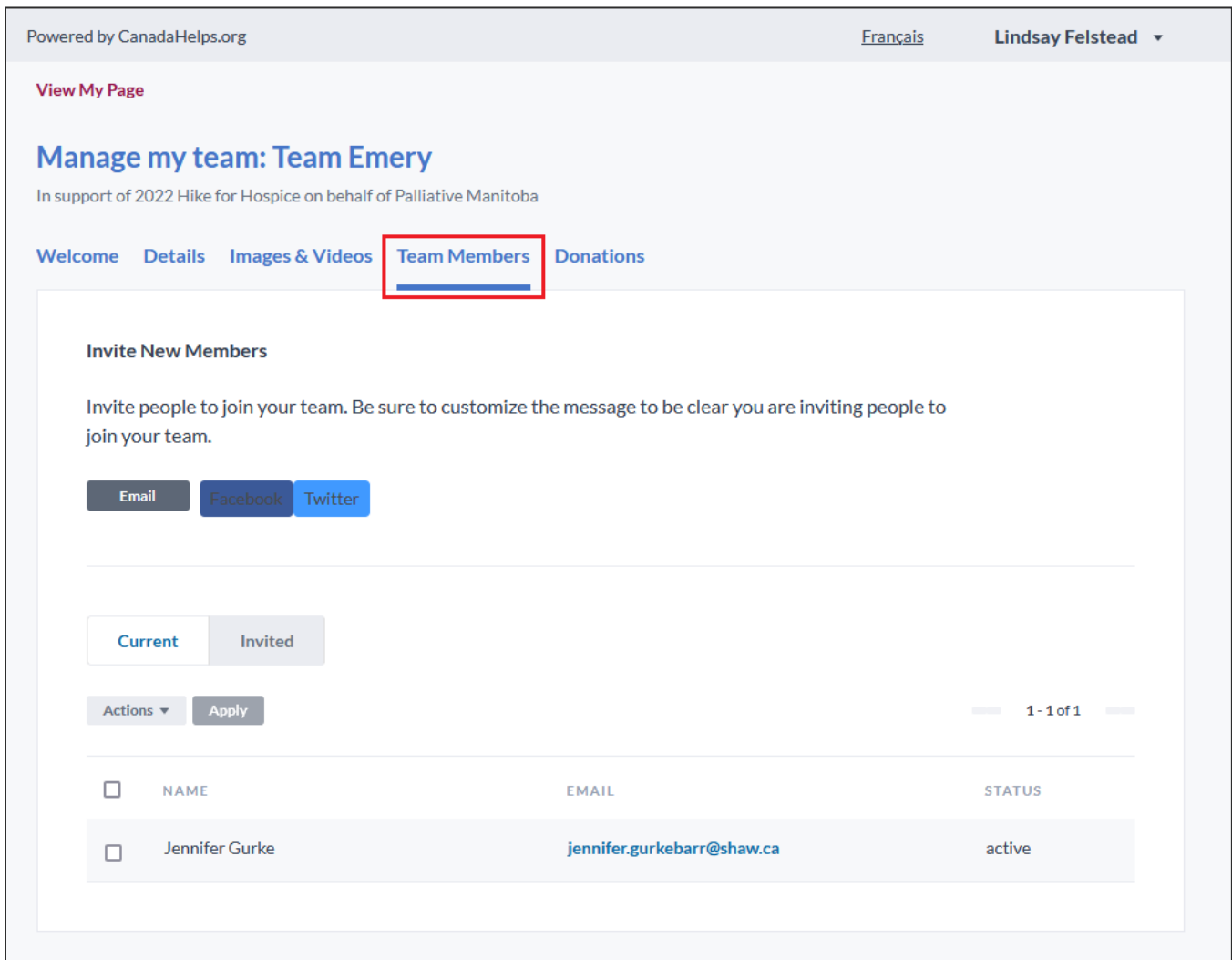
NAME	AMOUNT	DATE
Lindsay Felstead	\$25.00	15 Mar

A "Send Message" modal is open, showing options to "Send to" "All donors" or "Select donors" (highlighted with a green box). The "To" field is empty, and the "Bcc" field contains "lfelstead@outlook.com". The "Subject" and "Message" fields are empty. The "Message" field has formatting options: bold (B), italic (I), underline (U), and link. At the bottom of the modal, there are "Cancel" and "Send Message" buttons (the latter is highlighted with a red box).

If you are also the captain of a team, you can access and edit your team page by clicking your name in the top right-hand corner of the screen and select **Edit My Team**.



Management of the Team Page is very much like that of the Participant page except for the **Team Members** tab. From here you can invite friends and family to join your Team, communicate with them to encourage them and share ideas.



How to find your Hike Page after it's been created

Sign into CanadaHelps.org

Go to [Fundraising Pages](#)

The screenshot shows the CanadaHelps.org website interface. At the top left is the logo with the tagline "giving made simple". The top right features a language selector for "Français", a "Help" link, a "Giving Basket" icon, and a user profile for "Lindsay Felstead". A navigation menu includes "Donate", "Discover", "Fundraise", "Why CanadaHelps", "Blog", and "For Charities". Below this is the "Your Donor Account" section with a sub-menu containing "Dashboard", "Account Settings", "Donations & Receipts", "Monthly Donations", "Favourites", and "Fundraising Pages" (which is highlighted with a red box). A dark blue bar below the sub-menu contains "My Giving", "Tax Calculator", "Explore Charities", and "Compare with Others". The main content area includes a welcome message and a "GIVING LINKS" section with links for "Find a Charity", "Send a Charity Gift Card", "Donate Securities", "Create a Fundraising Page", and "Visit the Crisis Relief Centre".

Find your Hike and click Edit

The screenshot shows the 'Your Donor Account' page on CanadaHelps.org. The user is logged in as Lindsay Felstead. The page has a navigation menu with options: Donate, Discover, Fundraise, Why CanadaHelps, Blog, and For Charities. Below the navigation, there are tabs for Dashboard, Account Settings, Donations & Receipts, Monthly Donations, Favourites, and Fundraising Pages. The 'Fundraising Pages' tab is active, displaying a table of fundraising pages. The table has two columns: 'Fundraising Page' and 'Page Title'. There are three rows of data, each with 'Edit' and 'View' buttons. The 'Edit' button for the first row is highlighted with a green box.

Fundraising Page	Page Title		
Emery's Hike 2022	Lindsay's Hike	Edit	View
Lindsay's Hike 2021	Lindsay's Hike	Edit	View
Lindsay's Hike 2020	Lindsay's Hike	Edit	View

© CanadaHelps 2022. CanadaHelps is a registered charity | Charity Registration Number: 896568417RR0001
[Accessibility](#) [Contact Us](#) [Help](#) [Terms of Use](#) [Privacy Policy](#)